



Massage can quickly and effectively relieve the effects of a long flight, a busy day or sustained exercise.

By stimulating the lymphatic system, massage activates the removal of toxins from the body, an actual "reboot and setup".

Massage helps reduce and eliminate swelling, muscle tension, limb and joint stiffness or inflammation, tension from tense muscles, relax the body, remove stiffness and pain from the limbs.

Just after a one-hour, you will feel how your body has restored natural protection and blood circulation, regaining mobility and lightness.

That's what we call relaxation.

RELAX MASSAGE

A truly enjoyable procedure allowing you to achieve complete recovery and relaxation. It leaves you with renewed strength and uncluttered mind, giving you the feeling of "being on a cloud": the joy of life is back.

60/90 minutes | \$25/35 - 102,500/143,500 riels

ANTI CELLULITE MASSAGE

Stimulates blood and lymphatic fluid circulation, helping to removing water excess, fat cell clutters and subcutaneous fat. Lumpy and puckered skin regains smoothness as cellulite is gradually reduced, or even completely eliminated.

> By zone, sessions from 30 to 70 minutes: Legs 30/40 minutes | \$20 – 82,000 riels Belly, back, arms 50/60 minutes | \$25 – 102.500 riels Whole body 60/70 minutes |\$30 – 123,000 riels

LYMPHATIC DRAINAGE MASSAGE

Certainly the most effective spa therapy as it directly impacts lymph nodes and speeds fluid circulation within the organism. Rapid lymph flow eliminates edema, promotes tissue regeneration and releases toxin accumulation. It also helps removing excess fluid.

60 minutes | \$25 – 102,500 riels



SPORTS MASSAGE

A therapy used both to prepare the body for sustained physical activity, and to facilitate the recovery process after exertion. It considers the impact of certain activities on specific joints, muscle groups, tendons, ligaments, and soft tissue groups. Allows you to increase physical endurance and improve performance.

60 minutes | \$35 - 143,500 riels

HEAD-TO-TOES MASSAGE

A type of massage done from head top to toes, perfected by Asian therapists. An excellent healing procedure that helps to quickly relieve fatigue, restore performance and improve your mood.

60 minutes | \$30 – 123,000 riels

SUGARING

A smooth skin without unwanted pilosity is part of the modern standard of beauty and the culture of self-care. Sugaring is the latest innovation from the beauty industry in its ongoing quest for safer, more environment-friendly, effective and affordable methods of getting rid of body hair. Sugaring paste is molded onto the skin using a gloved hand, then removed, while wax can be used with a strip or alone. It is also able to remove shorter hair than waxing can do.

Female sugaring

Bikini | \$25 – 102,500 riels Deep bikini | \$30 – 123,000 riels Armpits | \$15 – 61,500 riels Legs 1/2 | \$30 – 123,000 riels Full legs | \$45 – 184,500 riels

Male sugaring

Bikini | \$35 – 143,500 riels Back | \$40 – 164,000 riels Armpits | \$20 – 82,000 riels Legs 1/2 | \$40 – 164,000 riels Full legs | \$55 – 225,500 riels

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