



SPA Menu

Massage can quickly and effectively relieve the effects of a long flight, a busy day or sustained exercise.

By stimulating the lymphatic system, massage activates the removal of toxins from the body, an actual "reboot and setup".

Massage helps reduce and eliminate swelling, muscle tension, limb and joint stiffness or inflammation, tension from tense muscles, relax the body, remove stiffness and pain from the limbs.

Just after a one-hour, you will feel how your body has restored natural protection and blood circulation, regaining mobility and lightness.

That's what we call relaxation.

RELAX MASSAGE

A truly enjoyable procedure allowing you to achieve complete recovery and relaxation. It leaves you with renewed strength and uncluttered mind, giving you the feeling of "being on a cloud": the joy of life is back.

60/90 minutes | \$30/45 - 123,000/184,500 riels

ANTI CELLULITE MASSAGE

Stimulates blood and lymphatic fluid circulation, helping to removing water excess, fat cell clutters and subcutaneous fat. Lumpy and puckered skin regains smoothness as cellulite is gradually reduced, or even completely eliminated.

By zone, sessions from 30 to 70 minutes:

*Legs 30/40 minutes | \$23 – 94,300 riels
5 procedures at once | \$21.5 – 88,200 riels
10 procedures at once | \$20– 82,000 riels*

*Belly, back, arms 50/60 minutes | \$28 – 114,800 riels
5 procedures at once | \$26.50– 108,700 riels
10 procedures at once | \$25– 102,500 riels*

*Whole body 60/70 minutes | \$33 – 135,300 riels
5 procedures at once | \$31.50– 129,200 riels
10 procedures at once | \$30– 123,000 riels*

LYMPHATIC DRAINAGE MASSAGE

Certainly the most effective spa therapy as it directly impacts lymph nodes and speeds fluid circulation within the organism. Rapid lymph flow eliminates edema, promotes tissue regeneration and releases toxin accumulation. It also helps removing excess fluid.

60 minutes | \$30 – 123,000 riels

SPORTS MASSAGE

A therapy used both to prepare the body for sustained physical activity, and to facilitate the recovery process after exertion. It considers the impact of certain activities on specific joints, muscle groups, tendons, ligaments, and soft tissue groups. Allows you to increase physical endurance and improve performance.

60 minutes | \$40 – 164,000 riels

HEAD-TO-TOES MASSAGE

A type of massage done from head top to toes. An excellent healing procedure that helps to quickly relieve fatigue, restore performance and improve your mood.

60 minutes | \$35 – 143,000 riels

BACK MASSAGE

A therapeutic massage for back pain.

30/40 minutes | \$20 – 82,000 riels

SUGARING

A smooth skin without unwanted pilosity is part of the modern standard of beauty and the culture of self-care. Sugaring is the latest innovation from the beauty industry in its ongoing quest for safer, more environment-friendly, effective and affordable methods of getting rid of body hair. Sugaring paste is molded onto the skin using a gloved hand, then removed, while wax can be used with a strip or alone. It is also able to remove shorter hair than waxing can do.

Female sugaring

Bikini | \$25 – 102,500 riels
Deep bikini | \$30 – 123,000 riels
Armpits | \$15 – 61,500 riels
Legs 1/2 | \$30 – 123,000 riels
Full legs | \$45 – 184,500 riels

Male sugaring

Bikini | \$35 – 143,500 riels
Back | \$40 – 164,000 riels
Armpits | \$20 – 82,000 riels
Legs 1/2 | \$40 – 164,000 riels
Full legs | \$55 – 225,500 riels

BODY SCRUB (by appointment)

As part of various anti-aging procedures, this treatment aims at gently removing the upper keratinized skin. Periodical scrubs will give you a smooth, softer skin. You select with your spa therapist the cosmetics better adapted to your epidermis.

60 minutes | \$35 – 143,500 riels

BODY WRAP (by appointment)

This cosmetic procedure consists in the application of a special compound of natural extracts to the skin on various parts of the body. It helps in eliminating edema, cellulite and excess fat deposits, as well as tightens the skin and makes it soft, elastic, silky, radiant.

60 minutes | \$35 – 143,500 riels

Your choice of Body Scrub & Body Wrap (by appointment)

120 minutes | \$60 – 246,000 riels

Your choice of Body Scrub, Body Wrap & Relax Massage or Lymphatic drainage massage (by appointment)

180 minutes | \$85 – 348,500 riels